

# HEALTHY *and* READY *for* SUCCESS

Children who:



*Are Born Healthy*



*Are Insured*



*Receive Preventative Care*

▶ have the best chance to achieve their best health and thrive.

Unfortunately, not all children have the same chance to be healthy.



Rural



Low-Income



Children of Color

are more likely to encounter preventable barriers to good health.

In Mitchell county



**5.4%**  
of children  
are uninsured

**51%**  
are poor or  
low-income



**11.9%**  
of babies are  
born premature.

If left unaddressed these preventable barriers  
can become permanent roadblocks:



Educational  
Challenges



Delayed  
Development



Social & Emotional  
Challenges

Let's ensure that more  
Mitchell children  
are **HEALTHY** *and*  
**READY** *for* **SUCCESS!**



- ✓ Increase health insurance access for low-income adults of reproductive age.
- ✓ Ensure children's access to health insurance.
- ✓ Strengthen public policies to promote health equity.

To view data sources and notes, visit [www.ncchild.org](http://www.ncchild.org).

### Quick Facts

Children's uninsurance rates in Mitchell County have declined by 28.9% since 2011 due to expanded access to coverage provided by Medicaid, NC Health Choice, and the Affordable Care Act.

There are 15,335 residents in Mitchell County, including 1,335 children ages birth to eight.

Mitchell's child population is 2.1% African American, 0.7% Asian or Pacific Islander, 0.3% Native American or Alaska Native, 10.1% Hispanic or Latinx, and 86.8% White.<sup>1</sup>

		MITCHELL		STATE	
	Data Years	Current	Base	Current	Base
A STRONG START					
Women who receive early prenatal care	2015, 2011	80.1%	75.0%	67.8%	71.2%
Babies born at a low birthweight	2015, 2011	8.6%	12.5%	9.2%	9.1%
3 and 4 year olds enrolled in school	2015, 2010 <sup>II</sup>	50.3%	55.8%	43.3%	45.8%
FAMILY ECONOMIC SECURITY					
Children living in poor or low-income homes	2015, 2010 <sup>II</sup>	51.0%	57.9%	48.9%	45.1%
Child food insecurity rate	2014	28.4%	--	24.6%	--
Median family income (2015 dollars)	2015, 2010 <sup>II</sup>	\$49,502	\$44,871	\$57,856	\$61,023
Unemployment rate	2015, 2011	6.9%	11.9%	5.8%	10.3%
NURTURING HOMES & COMMUNITIES					
Teen births per 1,000 girls ages 15 to 17	2015, 2011	*	*	10.9	16.6
Children assessed for abuse or neglect per 1,000	2015, 2011	121.9	76.0	56.5	57.6
Children in foster care per 1,000	2015, 2011	25.5	14.8	6.7	6.3
HIGH-QUALITY EDUCATION					
High school students graduating on time	2016, 2012	84.2%	83.4%	85.9%	80.4%
Residents with a bachelor’s degree or higher	2015, 2010 <sup>II</sup>	16.8%	16.6%	28.4%	29.3%
HEALTH & WELLNESS					
Uninsured					
<i>Children under age 19</i>	2015, 2011	5.4%	7.6%	4.6%	7.9%
<i>Adults ages 18 to 64</i>		17.4%	23.5%	16.2%	23.0%
Infant mortality per 1,000 live births	2015, 2011	0*	0*	7.3	7.2
Children enrolled in Medicaid/NC Health Choice	2015, 2011	1,816	1,791	1.21M	1.10M
Child deaths per 100,000	2015, 2013 <sup>II</sup>	14.0	13.6	57.8	59.1
CHILD POPULATION					
Live Births	2015, 2011	151	136	120,826	120,403
Percent under age 6	2015, 2011	30.3%	30.9%	31.6%	33.0%
Under age 18	2015, 2011	2,823	2,909	2.30M	2.29M