

# How Healthy Are Yancey Children?



**A woman's health** and well-being before pregnancy sets the stage for her baby's future health outcomes.



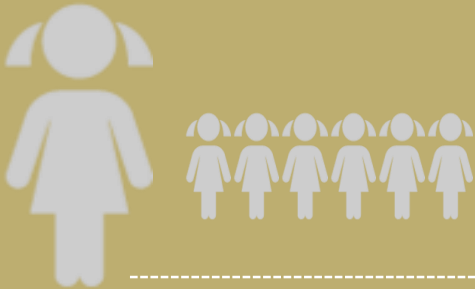
**1 in 26 births** in Yancey County (3.8%) is to a woman who received very late or no prenatal care, putting both mother and baby at higher risk for pregnancy complications or poor birth outcomes.

**Low birth weight** has been found to be the strongest predictor of infant mortality. **1 in 13 Yancey babies** is born at a low birth weight.



**35%** of Yancey children live in poverty. Poverty is linked to greater risk for health challenges like:

- Diabetes
- Heart Disease
- Obesity
- Developmental delays



**Health insurance** coverage helps children achieve and maintain their best health. **1 in 10 Yancey** children (10.4%) is uninsured, 352 of whom may be income eligible for Medicaid or NC Health Choice.



LIFE EXPECTANCY AT BIRTH

A baby born today in Yancey County would live 4.7 less years than a baby born in the county with the highest life expectancy.

## We can improve child health



- Expand Medicaid to cover adults below 138 percent of the federal poverty line.
- Support interventions to reduce infant mortality, like the CFTF Healthy Babies Bundle.
- Invest in early intervention services to reduce the effects of developmental delays

## Quick Facts

17,724 people live in Yancey County. 1 in 5 residents ( 3,478) is a child under the age of 18.

The child population is 2% African American, 0.3% American Indian, 0.2% Asian, 7.6% Latino and 86.3% non-Hispanic White.

The median household income is \$38,579.

1,100 children in Yancey (31.5%) live in food insecure households.

ACCESS TO CARE AND PREVENTION	Yancey			NORTH CAROLINA	
	2013	2009	% CHANGE	2013	2009
Percent of children uninsured <sup>1</sup> :					
All children	10.4%	**	**	7.4%	**
Children below 200 percent of poverty	11.4%	**	**	8.9%	**
Number of children ages 0-3 receiving early intervention services <sup>2</sup>	33	42	-21.4%	19,914	17,606
Asthma hospital discharges per 100,000 children ages 0-14	71.9	204.7	-64.9%	148.9	175.0
Medicaid enrolled children who use dental services:					
Ages 1-5	60.0%	50.3%	19.4%	67.0%	55.0%
Ages 6-14	65.8%	60.9%	8.0%	71.0%	62.0%
Ages 15-20	48.8%	51.6%	-5.4%	52.0%	48.0%

DEATH AND INJURY	Yancey			NORTH CAROLINA	
	2013	2009	% CHANGE	2013	2009
Percent of preterm births (<37 weeks of pregnancy)	10.8%	**	**	11.4%	**
Number of child deaths ages 0-18	1	1	--	1,292	1,486
Infant deaths per 1,000 live births*	0.0	0.0	--	7.0	7.9
Percent of babies born to women who smoke	20.3%	--	--	10.3%	--

HEALTH RISKS	Yancey			NORTH CAROLINA	
	2013	2009	%CHANGE	2013	2009
Unemployment rate	9.4%	11.9%	-21. %	7.9	10.6
Teen pregnancies per 1,000 girls ages 15-17	*	*	--	16.6	30.1
Percent of live births to mothers who have less than a high school education	18.4%	**	**	17.0%	**

HEALTH GAPS	TOTAL	AFRICAN AMERICAN	AMERICAN INDIAN	ASIAN	LATINO	WHITE
Live births	158	5	0	N/A	18	135
Percent of children in poverty*	35. %	10.9%	S	S	66.3%	31.9%
Percent of infants born at a low birth weight*	7.6%	0%	N/A	N/A	0%	8.9%
Number of infant deaths	0	0	0	N/A	0	0

<sup>1</sup>Five-year estimate for the period ending in the year shown. <sup>2</sup>Sate fiscal year. Health disparity data are for 2013.

\*Rates based on small numbers are unstable and should be interpreted with caution. Percent change is not presented for small numbers. \*\*Due to changes in data collection or methodology, current data are not comparable to the base year. For complete data sources and notes, visit [www.ncchild.org](http://www.ncchild.org) or contact Laila A. Bell at [laila@ncchild.org](mailto:laila@ncchild.org).