

How Healthy Are Washington Children?



A woman's health and well-being before pregnancy sets the stage for her baby's future health outcomes.



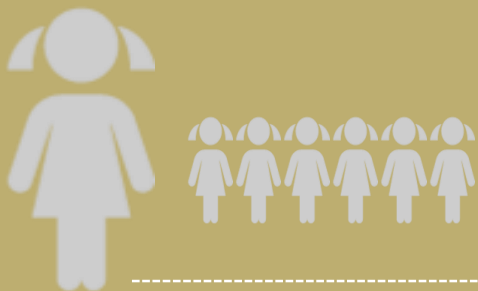
1 in 14 births in Washington County (7%) is to a woman who received very late or no prenatal care, putting both mother and baby at higher risk for pregnancy complications or poor birth outcomes.

Low birth weight has been found to be the strongest predictor of infant mortality. **1 in 9 Washington babies** is born at a low birth weight.



37.9% of Washington children live in poverty. Poverty is linked to greater risk for health challenges like:

- Diabetes
- Heart Disease
- Obesity
- Developmental delays



Health insurance coverage helps children achieve and maintain their best health. **1 in 16 Washington** children (6.1%) is uninsured, 187 of whom may be income eligible for Medicaid or NC Health Choice.



LIFE EXPECTANCY AT BIRTH

A baby born today in Washington County would live 3 less years than a baby born in the county with the highest life expectancy.

We can improve child health



- Expand Medicaid to cover adults below 138 percent of the federal poverty line.
- Support interventions to reduce infant mortality, like the CFTF Healthy Babies Bundle.
- Invest in early intervention services to reduce the effects of developmental delays

Washington

Quick Facts

12,958 people live in Washington County. 1 in 4 residents (3,073) is a child under the age of 18.

The child population is 58% African American, 0.1% American Indian, 0.4% Asian, 11.3% Latino and 32.8% non-Hispanic White.

The median household income is \$34,936.

830 children in Washington (27.0%) live in food insecure households.

ACCESS TO CARE AND PREVENTION	Washington			NORTH CAROLINA	
	2013	2009	% CHANGE	2013	2009
Percent of children uninsured ¹ :					
<i>All children</i>	6.1%	**	**	7.4%	**
<i>Children below 200 percent of poverty</i>	6.7%	**	**	8.9%	**
Number of children ages 0-3 receiving early intervention services ²	33	40	-17.5%	19,914	17,606
Asthma hospital discharges per 100,000 children ages 0-14	222.8	156.1	42.7%	148.9	175.0
Medicaid enrolled children who use dental services:					
<i>Ages 1-5</i>	59.5%	52.7%	13.0%	67.0%	55.0%
<i>Ages 6-14</i>	68.8%	62.7%	9.7%	71.0%	62.0%
<i>Ages 15-20</i>	48.4%	41.4%	16.9%	52.0%	48.0%

DEATH AND INJURY	Washington			NORTH CAROLINA	
	2013	2009	% CHANGE	2013	2009
Percent of preterm births (<37 weeks of pregnancy)	20.4%	**	**	11.4%	**
Number of child deaths ages 0-18	0	2	--	1,292	1,486
Infant deaths per 1,000 live births*	0.0	11.7	--	7.0	7.9
Percent of babies born to women who smoke	14.1%	--	--	10.3%	--

HEALTH RISKS	Washington			NORTH CAROLINA	
	2013	2009	%CHANGE	2013	2009
Unemployment rate	12.3%	11.8%	4.2%	7.9	10.6
Teen pregnancies per 1,000 girls ages 15-17	*	*	--	16.6	30.1
Percent of live births to mothers who have less than a high school education	23.9%	**	**	17.0%	**

HEALTH GAPS	TOTAL	AFRICAN AMERICAN	AMERICAN INDIAN	ASIAN	LATINO	WHITE
Live births	142	77	0	N/A	16	49
Percent of children in poverty*	37.9%	47.7%	S	S	32.5%	22.7%
Percent of infants born at a low birth weight*	11.3%	14.3%	N/A	N/A	0%	10.2%
Number of infant deaths	0	0	0	N/A	0	0

¹Five-year estimate for the period ending in the year shown. ²Sate fiscal year. Health disparity data are for 2013.

*Rates based on small numbers are unstable and should be interpreted with caution. Percent change is not presented for small numbers. **Due to changes in data collection or methodology, current data are not comparable to the base year. For complete data sources and notes, visit www.ncchild.org or contact Laila A. Bell at laila@ncchild.org.