

# How Healthy Are Martin Children?



**A woman's health** and well-being before pregnancy sets the stage for her baby's future health outcomes.



**1 in 28 births** in Martin County (3.6%) is to a woman who received very late or no prenatal care, putting both mother and baby at higher risk for pregnancy complications or poor birth outcomes.

**Low birth weight** has been found to be the strongest predictor of infant mortality. **1 in 7 Martin babies** is born at a low birth weight.



**36.1%** of Martin children live in poverty. Poverty is linked to greater risk for health challenges like:

- Diabetes
- Heart Disease
- Obesity
- Developmental delays



**Health insurance** coverage helps children achieve and maintain their best health

**1 in 11 Martin** children (9.1%) is uninsured, 464 of whom may be income eligible for Medicaid or NC Health Choice.



LIFE EXPECTANCY AT BIRTH

A baby born today in Martin County would live 5.9 less years than a baby born in the county with the highest life expectancy.

## We can improve child health



- Expand Medicaid to cover adults below 138 percent of the federal poverty line.
- Support interventions to reduce infant mortality, like the CFTF Healthy Babies Bundle.
- Invest in early intervention services to reduce the effects of developmental delays

## Quick Facts

24,147 people live in Martin County. 1 in 5 residents ( 5,216) is a child under the age of 18.

The child population is 48% African American, 0.3% American Indian, 0.3% Asian, 13.7% Latino and 44.7% non-Hispanic White.

The median household income is \$35,111.

1,440 children in Martin (27.6%) live in food insecure households.

ACCESS TO CARE AND PREVENTION	Martin			NORTH CAROLINA	
	2013	2009	% CHANGE	2013	2009
Percent of children uninsured <sup>1</sup> :					
All children	9.1%	**	**	7.4%	**
Children below 200 percent of poverty	10.1%	**	**	8.9%	**
Number of children ages 0-3 receiving early intervention services <sup>2</sup>	48	53	- 9.4%	19,914	17,606
Asthma hospital discharges per 100,000 children ages 0-14	123.0	151.7	-18.9%	148.9	175.0
Medicaid enrolled children who use dental services:					
Ages 1-5	55.3%	47.2%	17.0%	67.0%	55.0%
Ages 6-14	85.5%	53.9%	58.7%	71.0%	62.0%
Ages 15-20	44.3%	43.9%	1.0%	52.0%	48.0%

DEATH AND INJURY	Martin			NORTH CAROLINA	
	2013	2009	% CHANGE	2013	2009
Percent of preterm births (<37 weeks of pregnancy)	20.9%	**	**	11.4%	**
Number of child deaths ages 0-18	2	8	--	1,292	1,486
Infant deaths per 1,000 live births*	8.0	16.8	--	7.0	7.9
Percent of babies born to women who smoke	16.9%	--	--	10.3%	--

HEALTH RISKS	Martin			NORTH CAROLINA	
	2013	2009	%CHANGE	2013	2009
Unemployment rate	10.3%	10.7%	- 3.7%	7.9	10.6
Teen pregnancies per 1,000 girls ages 15-17	*	*	--	16.6	30.1
Percent of live births to mothers who have less than a high school education	16.5%	**	**	17.0%	**

HEALTH GAPS	TOTAL	AFRICAN AMERICAN	AMERICAN INDIAN	ASIAN	LATINO	WHITE
Live births	249	125	0	N/A	22	100
Percent of children in poverty*	36.1%	45.9%	S	S	63. %	23.1%
Percent of infants born at a low birth weight*	13.7%	15.2%	N/A	N/A	13.6%	12%
Number of infant deaths	2	2	0	N/A	0	0

<sup>1</sup>Five-year estimate for the period ending in the year shown. <sup>2</sup>Sate fiscal year. Health disparity data are for 2013.

\*Rates based on small numbers are unstable and should be interpreted with caution. Percent change is not presented for small numbers. \*\*Due to changes in data collection or methodology, current data are not comparable to the base year. For complete data sources and notes, visit [www.ncchild.org](http://www.ncchild.org) or contact Laila A. Bell at [laila@ncchild.org](mailto:laila@ncchild.org).